



# Dear Community Partner



Premier Health is grateful for the many collaborations that strengthen our ties with the communities we serve. They inspire our mission: We Care. We Teach. We Innovate. We Serve. As one of the pillars of our academic health system’s long-term strategic plan, these partnerships are critical in helping us build our workforce and bring health care services where they are needed most

Our annual Community Impact Report highlights several of these alliances and our ongoing commitment to invest in our communities alongside many of you. To provide a complete picture for a full year, the data we share are for the previous year’s activities. For 2024, Premier Health invested nearly **\$352 million in community benefits**, including nearly **\$266 million in free care** and other unpaid services to families in need. These projects and services directly reflect the commitment and dedication of our physicians, staff, volunteers, and community partners.

This report shows a few examples of our mission-focused initiatives across Southwest Ohio that are nurturing expectant mothers and providing healthy smiles; teaching learners across a spectrum from middle school to medical school; closing the care gap through innovative remote patient monitoring; pioneering treatment options close to home through clinical trials; aligning nutritious food with medical needs; and serving patients where they are.

Thank you for your continued support of good health in our communities. If you have any questions about the information shared in this report, or any other community benefit information for Premier Health, please contact Nick Lair, president, Fidelity Health Care, at [jnlair@premierhealth.com](mailto:jnlair@premierhealth.com), or Lynn Foubert, director of care management and Premier Community Health, at [lmfoubert@premierhealth.com](mailto:lmfoubert@premierhealth.com) or **(937) 208-7953**.

Sincerely,

**Michael C. Riordan**  
President and CEO, Premier Health

## CONTENTS

We Care .....	3
We Teach .....	4
We Innovate .....	5
We Serve .....	6
Premier Health Community Stats .....	7

# WE CARE

## Nurturing Expectant Mothers in Middletown

During Black Maternal Health Week, Atrium Medical Center's Maternal Health Center welcomed nearly 90 expectant and new mothers to a Community Baby Shower created to support healthier pregnancies in Middletown. The event, held in partnership with the Centering Pregnancy® Program, focused on helping families overcome challenges that can make pregnancy difficult, especially for African American mothers who face higher risks for complications.

Mothers received essential baby supplies, information on prenatal and postpartum care, and introductions to community groups that can help with transportation, childcare needs, and navigating Medicaid. The relaxed, welcoming setting gave women space to ask questions, meet caregivers, and build connections that continue after the event.

A maternal health panel offered during the week brought together Premier Health caregivers and local experts for an open conversation about the experiences of African American mothers and the resources available to support them. This conversation strengthened partnerships that are essential to improving health equity across the region.

These events show how Premier Health is helping families get the information, resources, and connections that make a real difference during pregnancy. By linking mothers to support they can rely on, more babies in Middletown are getting a healthier start.

[Learn more about Atrium Medical Center's Maternal Health Center](#)



## Caring For Smiles Across Miami County

The Miami County Dental Clinic continues to expand its reach through the Traveling Smiles program, a school-based initiative that delivers comprehensive oral health care directly to students across Miami County's nine districts. Traveling Smiles sets up temporary dental clinics inside schools using the same equipment and materials found in a traditional dental office. A team of dentists, dental hygienists, and dental assistants provides exams, cleanings, preventive education, and essential care to children who may otherwise face significant barriers to receiving dental services.

By reducing transportation challenges, increasing access for under-resourced families, and offering preventive services where children learn each day, the program ensures earlier intervention and healthier outcomes. The clinic also contributes to teaching and workforce development by serving as a training site for future dental professionals.

The Upper Valley Medical Center Community Benefit Fund helps strengthen this mission-driven work by supporting three fully operational dental chairs within the clinic's main office. This investment improves efficiency, increases capacity, and expands access for vulnerable families. Through October 2025, the clinic has served 4,106 patients, including 352 new individuals. Its partnership with The Ohio State University College of Dentistry's O.H.I.O. Project brought 73 fourth-year students to the clinic, helping increase patient volume. Traveling Smiles is positioned to serve more than 225 students during the 2025–2026 school year.

[Learn more about Traveling Smiles - Miami County Dental Clinic](#)





## WE TEACH

### Elevating the Expertise of Residents and Fellows

Academic medicine is at the heart of Premier Health's mission. Through 11 residency programs and 12 fellowship programs, 363 medical school graduates, which includes 138 Air Force residents, are continuing their educational journey throughout our system.

Partnering with Wright State University's Boonshoft School of Medicine, robust, practical residency training is provided in family medicine, internal medicine, trauma, general surgery, neurology, obstetrics/gynecology, orthopedic surgery, plastic surgery, psychiatry, rural family medicine, emergency medicine, and dermatology.

Residency is a structured period of on-the-job training that begins after medical school. It is required for licensure and is where a medical school graduate gains broad-based training in her or his chosen specialty. The residency experience prepares an individual to become a board-certified clinical specialist.

A fellowship is advanced training designed for the graduate of a residency to focus on a subspecialty area of clinical practice, education, or research.

Residents are vital to the clinical workforce. It is recognized that high quality and safe patient care can only be provided if doctors are well prepared through residency training. Premier Health is proud to deliver the ultimate educational experience that establishes tomorrow's caregivers and is exceptionally proud to support our military's health care provider needs.

[Learn more about residencies, fellowships, internships, and job shadowing](#)

### Enlightening Future Caregivers Through Job Shadowing

Premier Health's job shadowing program introduces individuals to a wide variety of health care careers in both clinical and non-clinical settings. It also provides college students with valuable experience to meet degree or program requirements. These experiences allow our caregivers to teach, foster awareness, inspire and help future professionals understand skills needed in health care.

Students as young as 14, along with early-career professionals, gain career exposure by observing health care professionals during a typical workday. Participants learn directly from experts across many disciplines, including nursing, patient care technician roles, respiratory therapy, imaging, physical and occupational therapy, pharmacy, hospital administration, marketing, human resources, plant operations and facilities services, environmental services, and other specialty areas.

Beyond job shadowing, Premier Health's Learning Institute expands hands-on learning through externships, internships, and clinical rotations. In 2025, staff interacted with more than 5,000 learners, ranging from middle school to graduate students. By opening doors to future career pathways, Premier Health is building a strong pipeline of tomorrow's caregivers and strengthening the workforce that supports the health of our communities.

[Learn more about job shadowing and careers with Premier Health](#)

# WE INNOVATE

## Pioneering Treatment Options Close to Home Through Clinical Trials

Clinical trials are a key research tool for advancing medical knowledge and patient care. Premier Health's Office of Clinical Trials connects patients with cutting-edge studies while supporting physicians conducting research. There are currently 126 active clinical trials that showcase our commitment to broaden treatment options close to home for patients facing difficult diagnoses.

Clinical trials look at new ways to prevent, detect, or treat disease. Treatments might be new drugs or new combinations of drugs, new surgical procedures or devices, or new ways to use existing treatments.

Our Oncology Clinical Trial Program offers 91 dynamic choices for patients experiencing a cancer diagnosis. In 2025, Miami Valley Hospital South was the first site internationally to open two studies in the gynecological cancer space. As a result, Premier Health hosted the first patients enrolled in those trials anywhere in the world.

Also, a clinical trial offering histotripsy, a cutting-edge non-invasive treatment which targets tumors with ultrasound waves to destroy cancer cells, is now available. It is presently used for liver cancer; however, use with other types of cancer is being pursued. Miami Valley Hospital is one of approximately 55 sites across the country, and the second site in Ohio, offering this study.

In addition, there are clinical trials (other than oncology focused) open for enrollment: in cardiology (6); in maternal fetal medicine (13); in neurology (13); and obstetrics/gynecology (2). Premier Health is a clinical site for 5 trials that investigate new technology and devices that could improve patient outcomes.

[Learn more about Premier Health's clinical trials](#)



## Closing the Care Gap Through Innovative Remote Patient Monitoring

Premier Community Health introduced the Remote Patient Monitoring (RPM) initiative in 2024 as a community health strategy designed to close gaps in care for residents who face disproportionate barriers to managing chronic illness. The program focuses intentionally on rural communities and low-income neighborhoods where high rates of COPD, congestive heart failure, diabetes, and hypertension intersect with limited transportation, reduced access to primary care, and longstanding health inequities.

Through this initiative, participants receive monitoring devices including a tablet, blood pressure cuff, scale, and pulse oximeter; that allow Premier's clinical team to track key health indicators from the home. More importantly, the technology creates a reliable point of connection for individuals who are often isolated from the traditional care system. Nurses review vital signs daily, provide telehealth check-ins, coach patients on self-management skills, and coordinate care with primary and specialty providers. When concerning trends appear, early intervention prevents decline long before a crisis leads to an emergency department visit or hospitalization.

By creating a continuous safety net for medically fragile patients, the RPM initiative strengthens community well-being, reduces preventable hospital use, and supports residents in gaining confidence and stability in their own health. The program reflects Premier Health's commitment to addressing upstream drivers of poor outcomes, meeting patients where they are, reducing avoidable readmissions, and advancing health equity across the region.

[520 patients enrolled in 2024 and 452 patients enrolled in 2025]

[Learn more about Premier Health's Community Service Programs](#)





## WE SERVE

### **Serving Patients Where They Are - Dayton Street Medicine**

Serving Dayton's most vulnerable residents, Premier Health and Wright State University Boonshoft School of Medicine (BSOM) launched Dayton Street Medicine in 2025. This collaborative effort brings high-quality medical and behavioral health services directly to people experiencing homelessness, poverty, or unstable housing.

Each week, the fully equipped Premier Health Mobile Clinic is stationed at the Dayton Dream Center, where care is delivered by Wright State University BSOM and includes primary and preventive care, behavioral health support, substance-use screenings, care navigation, case management, and essential quality-of-life items. The Dayton Street Medicine team includes a physician, addiction fellow, program coordinator, community liaison, peer support specialist, and WSU population and public health faculty.

In addition, Premier Community Health staff conduct various screenings including diabetes, cholesterol, HIV, hepatitis C, and syphilis. Medical student seniors work longitudinally in the program providing medical care and lower level student volunteers assist with social services support in the Dream Center supporting meals, laundry and showers.

This initiative meets patients where they are. By reducing barriers such as transportation, insurance limitations, and distrust of traditional healthcare settings, the program increases access to timely care, strengthens health literacy, and helps reduce avoidable emergency-department utilization.

Supported by numerous community partners with more to be added as the program grows, the goal is to expand locations and days furthering the reach and access to health and wellness for people of all backgrounds.

[Learn more about the Dayton Street Medicine Program](#)

### **Aligning Nutritious Food With Medical Needs - Diabetic Food Rx Box Program**

The Diabetic Food Rx Box Program emerged from the Montgomery County Food Equity Coalition and was brought to life through a collaboration among Premier Community Health, Lifecare Alliance/Diabetes Dayton, and The Foodbank. This effort addressed a critical gap identified in our region: many residents living with diabetes or pre-diabetes simply do not have reliable access to nutritious food aligned with their medical needs.

In its first year, the program provided 320 individuals with diabetic-friendly food boxes, culturally relevant recipes, and practical education designed to strengthen their ability to manage their health at home. More than 50 participants also engaged in free lifestyle coaching to support lasting behavior change.

Each food box featured recipes created by Diabetes Dayton dietitians using ingredients sourced directly from The Foodbank. Premier Community Health contributed educational materials, coaching, and social work support focused on identifying food-insecure residents living with Type 1, Type 2, or pre-diabetes. Participants were engaged through Wright State University's Street Medicine Program and at numerous community events, helping reach individuals who often fall outside traditional clinical pathways.

To ensure broad community access this program used a hub model to partner organizations across Montgomery County including Community Health Centers of Greater Dayton, Good Neighbor House, Five Rivers Health Centers, Kindred Hospital, Premier Community Health, Diabetes Dayton, and Richmond Foot and Ankle Clinic— all serving as distribution hubs. The program was funded through an AES Ohio grant, with expansion planned for 2026.

[Learn more about Premier Health Community Service Programs](#)

# PREMIER HEALTH COMMUNITY STATS

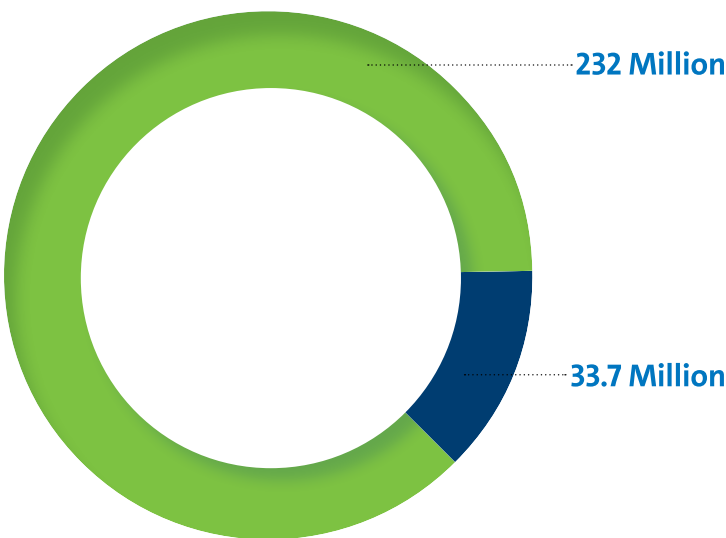
## Premier Health Vital Statistics for 2024

Physicians.....	1,738
Specialties.....	86
Employees.....	14,259
Volunteers.....	1,025
Inpatient admissions.....	88,397
Outpatient visits.....	469,211
ED visits.....	271,256

## Premier Community Health provides a variety of screenings, education, and other services in the communities we serve.

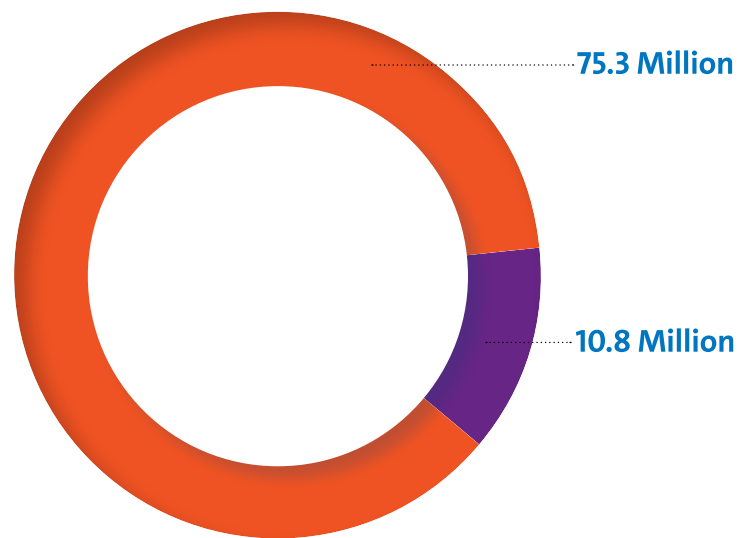
Breast and cervical cancer-related services.....	1,875
Heart-related screenings.....	11,693
Employer-based flu shots.....	9,315
Health risk assessments.....	500
Diabetes and diabetes prevention screenings.....	4,522
Individuals trained/certified in CPR.....	1,946
Individuals served at educational programs.....	6,365

Dollars spent on free care and other unpaid services to families in need:



- Unreimbursed services/Medicaid services
- Charity care/other services

Dollars invested in community projects and services:



- Subsidized health services
- Community/social services